

PRICES EFFECTIVE: JANUARY 23rd - 29th, 2026

| FRI | SAT | SUN | MON | TUES | WED | THURS |
|-----|-----|-----|-----|------|-----|-------|
| 23  | 24  | 25  | 26  | 27   | 28  | 29    |

See store for hours

## BIRD DAY THURSDAY



**Hot Whole Rotisserie Chicken**  
**\$6.99** ea. **One Day Only Thursday 1/29**

**Fresh 85% Lean Ground Beef Family Pack**

**\$5.99** lb.

**Fresh Chicken Drumsticks Family Pack**

**99¢** lb.

**Bone-In Center Cut Pork Chops Family Pack**

**\$1.99** lb.

**SAVINGS by the TRUCKLOAD**

**Prince Or Sclafani Pasta**  
Selected Varieties  
12 To 16 Oz Pkg  
Sclafani Where Available

**4/\$5**

**Coca-Cola 2 Liter**  
Selected Varieties  
67.6 Fl Oz Btl

**2/\$4**

**Polar Seltzer Or Soda 12 Pack**  
Selected Varieties • 12 Fl Oz Cans  
144 Fl Oz Pkg  
Excluding Limited Edition Winter Variety Seltzer

**2/\$9**

Plus Deposit On Beverages Where Required  
**Lay's Potato Chips Or Frito Lay Party Size Snacks**  
Selected Varieties  
Lay's 8.125 To 13 Oz Snacks 8.25 To 18 Oz Bag

**\$4.99**

**General Mills Cheerios Cereal**  
Selected Varieties Or Trix • Lucky Charms  
Cinnamon Toast Crunch  
Cinnamon Toast Crunch Waffle  
Reese's Puffs • Golden Grahams  
Cocoa Puffs Or Cookie Crisp  
8.9 To 12 Oz Box

**2/\$4**

**Entenmann's Loaf Cake**  
Selected Varieties  
11 To 13.5 Oz Pkg

**BUY ONE GET ONE FREE**

**Pure Life Purified Water 28 Pack**  
16.9 Fl Oz Btls  
473.2 Fl Oz Pkg

**2/\$9**

**Simply Done 6 Double Rolls Paper Towels**  
Absorbent • Simple Size Select • 660 Ct Pkg  
**Simply Done 8 Mega Rolls Soft Bath Tissue**  
2-Ply • 2560 Ct Pkg

**\$4.99** ea.

**White, Black Or Red Seedless Grapes**  
The Natural Snack  
Sweet & Juicy

**\$2.49** lb.

**Ripe Avocadoes**  
High In Fiber  
Great on Salads

**5/\$5**

**Russet Potatoes**  
High In Fiber • Low In Calories  
US #1 • 5 Lb Bag

**\$2.99** ea.

**Crystal Farms Shredded Or Bar Cheese**  
Selected Varieties  
5.5 To 8 Oz Pkg

**2/\$6**

**Marie Callender's Bowls**  
Selected Varieties • 10.5 To 13 Oz Or Pot Pie • Chicken Or Turkey • 10 Oz Or Shepherd's Pie • Beef • 11.5 Oz Box

**2/\$6**

**Farmland Cooked Ham**  
Sliced Fresh Lean

**\$4.99** lb.

**New York Style Crumb Cake**  
Wild Blueberry Or Cinnamon  
20 Oz Box  
Bakery Fresh

**\$5.99** ea.

**Chobani Greek Yogurt 4 Pack**  
Original • Fruit On The Bottom  
Flip • Less Sugar • 20G Protein  
Or Zero Sugar • Selected Varieties • 18 To 26.8 Oz Pkg

**2/\$9**

**Eggo Waffles**  
Pancakes Or French Toast  
Sticks • Selected Varieties  
8.4 To 14.8 Oz Box

**2/\$6**

**Dietz & Watson Oven Classic Turkey Breast**  
Homestyle Black Pepper Or Bacon  
Lovers Turkey Breast

**\$12.99** lb.

**Our Own Store Made Brookies 2 Pack**  
Selected Varieties  
Delightful Brownie & Cookie Combination

**\$3.99** ea.

**PREMIUM BUTCHER**  
Finest Selection

**premium Quality**  
NATURAL PRODUCT

**Boneless Sirloin Steak Or Spoon Roast**  
Certified Angus Beef



**\$8.99**  
lb.

**Eye Round Steak Family Pack Or Roast**  
Certified Angus Beef



**\$6.99**  
lb.



**Premio Italian Sausage Links**  
Hot Or Sweet  
16 Oz Pkg

**\$4.99**  
ea.

**PREMIO**



**Springer Mountain Farms Split Chicken Breast**

Fresh • Bone-In  
No Hormones  
No Antibiotics

**\$2.99**  
lb.



**Reser's Main St. Bistro Potatoes**  
Selected Varieties Or Mac & Cheese  
17 To 20 Oz Pkg  
**\$4.99**  
ea.

**Springer Mountain Farms Chicken Thighs Family Pack**

No Hormones  
No Antibiotics

**\$1.99**  
lb.



**Perdue Thin Sliced Chicken Breast**

**\$4.99**  
lb.



**Perdue Chicken Cutlets Or Nuggets**

Selected Varieties  
Popcorn Chicken  
Or Strips • 12 Oz Pkg

**2/\$6**



**Curly's Shredded BBQ Pork**

Original Or Bold & Spicy  
Thai Chili Or Korean BBQ Chicken  
Or Chimichurri Pork Carnitas  
15 To 16 Oz Cntr

**\$5.99**  
ea.



**Smithfield Marinated Pork Loin Filet Or Tenderloin**  
Selected Varieties  
19.2 To 23 Oz Pkg

**\$8.99**  
ea.



**Smithfield Hickory Smoked Sliced Bacon**  
Original Or Thick Cut • 16 Oz  
Or Hot Honey • 12 Oz Pkg

**\$6.99**  
ea.



## SEAFOOD

**Fresh Verlasso Coho Salmon Fillets**  
Farm Raised



**\$7.99**  
lb.



**Wild Caught Flounder Fillets**  
Previously Frozen

**\$5.99**  
lb.



**Wild Caught Swordfish Steaks**  
Previously Frozen

**\$7.99**  
lb.



**Great American Seafood Wild Caught 10 To 15 Ct Raw Shrimp**  
Domestic • Gulf Of Mexico  
Shell On • 1 Lb Pkg • Frozen

**\$14.99**  
ea.



## DELICATESSEN

**Dietz & Watson American Cheese**  
White  
Sliced To Order



**\$5.99**  
lb.



**Mrs. Ressler's Seasoned Roast Beef**  
Lean  
Deli Sliced

**\$12.99**  
lb.



**Rovagnati Italian Deli Slices**  
Selected Varieties  
3 Oz Pkg

**\$5.99**  
ea.



**Old Croc Sharp Cheddar Cheese**  
Or Smoked Sharp  
6 To 7 Oz Pkg

**\$5.99**  
ea.



## OUR KITCHEN

**Store Made Chicken Leg Quarters 2 Pack**  
All Varieties

**\$5.99**  
ea.



**SAVE \$2**  
Store Made Deli Fresh Green Salad  
\$2 Savings Off Regular Retail  
On Any 9 To 10 Oz Cntr  
Selected Varieties



**Buitoni Linguine Or Spaghetti**  
Angel Hair  
Or Fettuccine  
9 Oz Pkg

**\$2.99**  
ea.



**President Brie Or Camembert**  
Or Triple Crème Brie  
8 Oz Pkg

**\$8.99**  
ea.



**Jarlsberg Swiss Cheese Wedge**  
8 Oz Pkg

**\$8.99**  
ea.





**Progresso  
Light Soup**  
Or Reduced Sodium  
Selected Varieties  
18.5 To 19 Oz Can

**2/\$5**



Plus Deposit On Beverages Where Required



**Quaker  
Instant Oatmeal**  
Selected Varieties  
8.2 To 14.1 Oz Box

**2/\$6**



**Folgers  
Ground Coffee**  
Selected Varieties  
9.6 Oz Cntr

**\$7.99**

**KITCHEN  
PANTRY**

*Everyday Basics*



**SAVINGS by the  
TRUCKLOAD**

**Pennsylvania Dutch  
Egg Noodles**  
Selected Varieties  
12 Oz Pkg

**2/\$5**



**Contadina  
Tomatoes**  
Selected Varieties  
28 To 29 Oz Can

**2/\$5**



**Ortega Taco Shells  
Or Taco Sauce**  
Selected Varieties  
4.1 To 4.9 Oz Box  
Or 7.5 To 8 Oz Btl

**2/\$5**



**Quaker Oats  
Old Fashioned**  
Or Quick 1-Minute  
18 Oz Cntr

**\$3.99**



**IGA Corn Flakes  
Cereal**  
Frosted Flakes • Bran  
Flakes Or Raisin Bran  
15 To 18.7 Oz Box

**\$2.99**



**Prego  
Pasta Sauce**  
Selected Varieties  
45 Oz Jar

**\$3.99**



**IGA  
Grated Parmesan  
Cheese**  
Or Parmesan  
& Romano  
8 Oz Cntr

**\$3.49**



**Ortega  
Dinner Kits Or Salsa**  
Selected Varieties  
8.9 To 15.6 Oz Box  
Or 16 Oz Jar

**2/\$7**



**Pop-tarts  
Toaster Pastry**  
Selected Varieties  
13.5 Oz Pkg

**\$3.99**



**Kellogg's  
Cereals**  
Selected Varieties  
12 To 17.3 Oz Box

**\$4.99**



**Coca-Cola  
6 Pack**  
Selected Varieties  
16.9 Fl Oz Btls  
101.4 Fl Oz Pkg

**2/\$9**



**Pepsi  
12 Pack**  
Selected Varieties  
12 Fl Oz Cans  
144 Fl Oz Pkg

**\$7.99**



**Frito Lay Snacks  
Multipacks**  
Selected Varieties  
15 To 18 Ct  
9 To 18.125 Oz Pkg

**\$10.99**



**Snyder's  
Of Hanover  
Pretzels**  
Selected Varieties  
12 To 16 Oz Pkg

**\$3.49**



**Adirondack  
Adk Soda Or  
Seltzer 2 Liter**  
Selected Varieties  
67.6 Fl Oz Btl

**4/\$5**



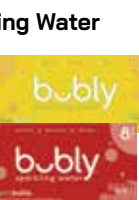
**Coca-Cola  
24 Pack**  
Selected Varieties  
12 Fl Oz Cans  
288 Fl Oz Pkg

**\$12.99**



**Bubly Sparkling Water  
8 Pack**  
Selected Varieties  
12 Fl Oz Cans  
96 Fl Oz Pkg

**2/\$7**



**Bachman  
Pretzels**  
Selected Varieties  
9 To 16 Oz Pkg Or Jax  
Cheese Curls • 8.5 Oz  
Or Bachman Popcorn  
Regular • 8 Oz Pkg

**2/\$6**



**Crav'n Chocolate  
Chip Cookies**  
Selected Varieties  
Or Pecan Shortbread  
Or Ginger Snap  
11.3 To 13 Oz Pkg

**\$3.49**



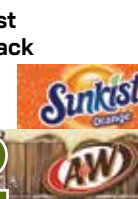
**Vintage Seltzer  
12 Pack**  
Selected Varieties  
12 Fl Oz Cans  
144 Fl Oz Pkg

**2/\$9**



**7-Up • Sunkist  
Or A&W 12 Pack**  
Selected Varieties  
12 Fl Oz Cans  
144 Fl Oz Pkg

**2/\$12**



**Snapple Drinks  
12 Pack**  
Selected Varieties  
16 Fl Oz Btls  
192 Fl Oz Pkg

**\$8.99**



**Gatorade Thirst Quencher  
8 Pack**  
Selected Varieties  
20 Fl Oz Btls  
160 Fl Oz Pkg

**\$8.99**



**Tate's Bake Shop  
Cookies**  
Selected Varieties  
5.5 To 8 Oz Pkg

**\$5.49**



**Cheez-It Baked  
Snack Crackers**  
Selected Varieties  
7 Oz Box

**\$2.99**



**DAIRY BAR**

**Yoplait Oui  
French Style Yogurt**  
Selected Varieties  
5 Oz Jar Or :ratio Protein  
5.3 Oz Cntr

**2/\$3**



**Tropicana Pure Premium  
Orange Juice**  
Selected Varieties Or Ruby  
Red Grapefruit • 46 Fl Oz Btl

**\$4.49**



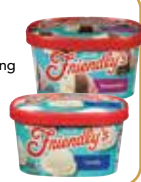
**Celeste  
Pizza For One**  
Selected Varieties  
5 To 5.96 Oz Box

**4/\$5**



**Friendly's  
Ice Cream**  
Selected Varieties • Excluding  
Pistachio • 48 Fl Oz Crtn

**\$4.99**



**Dannon Oikos Remix Yogurt**  
Light & Fit Remix • Oikos Triple Zero  
Light & Fit Greek • Or Too Good  
Selected Varieties • 4.5 To 5.3 Oz Or  
Activia Yogurt Drink • 7 Fl Oz Btl

**3/\$4**



**Stok Cold  
Brew Coffee**  
Selected Varieties  
48 Fl Oz Btl

**\$5.99**



**Smart Ones  
Entrees**  
Selected Varieties  
6.49 To 10.25 Oz Box

**2/\$5**



**Food Club  
Vegetables**  
Selected Varieties  
16 Oz Bag

**2/\$5**



# FRESH PRODUCE

Local & Fresh



**Sliced Or Whole White Mushrooms**  
All Natural • High In Potassium  
8 Oz Pkg



2/\$5



**Sweet Onions**  
High In Fiber  
US Fancy

\$1.29 lb.

\$2.49 ea.



**Fresh Express Tender Leaf Blends Spinach**  
Timesaver  
8 Oz Pkg



**Nature Sweet Cherubs**  
Perfect For Salads  
10 Oz Pkg

\$3.49 ea.



**Pero Family Farms Snipped Green Beans**  
Washed & Ready To Use  
12 Oz Pkg

\$2.79 ea.



**Italian Peppers**  
Great For Frying  
Plum Tomatoes  
Meaty Flavor... \$1.99 lb.

\$1.59 lb.



**Spice World Garlic**  
Chopped Or Minced  
4.5 Oz Jar

\$1.99 ea.



**Sweet Potatoes**  
Yams • Premium  
Dinnertime Favorite

\$1.29 lb.



**Imported Raspberries**  
6 Oz Pkg  
Imported Blackberries  
6 Oz Pkg... \$2.99 ea

\$3.99 ea.



**Cara Cara Navel Oranges**  
Pink Flesh  
Low In Acid

4/\$5



**Large Mangoes**  
Full Of Vitamins & Minerals  
\$1.99 ea.

## FRESH FLORAL



**Half Dozen Roses**

Assorted Colors To Choose From

\$6.99 ea.



**4 Inch Mini Daffodil Plants**  
A Sign Of Spring

2/\$6

## BAKERY SHOPPE

**Fresh Baked Banana Nut Muffins**  
4 Pack  
Or Banana Nut Loaf  
16 Oz Pkg

\$5.99 ea.



**Fresh Baked Large Raisin Swirl Croissant 2 Pack**

\$3.99 ea.



**Fresh Baked Rye Bread**  
Selected Varieties  
Or Pumpernickel  
16 To 19 Oz Loaf

2/\$5



**Chabaso Ciabatta Bread**  
Selected Varieties  
14 To 16 Oz Pkg

\$4.49 ea.



Not All Bakery Items Available In Thomaston

**Thomas' Swirl Bread**  
Selected Varieties  
16 Oz Pkg

2/\$6



**Nature's Own Perfectly Crafted Bread**  
Selected Varieties  
22 Oz Pkg

\$3.99



**Pepperidge Farm Farmhouse Bread**  
22 To 24 Oz Pkg

\$3.99

**IGA Giant White Bread**  
Round Top  
22 Oz Pkg

\$2.19

## BEER

**Budweiser Or Bud Light**  
12 Pack  
12 Fl Oz Btls Or Cans  
144 Fl Oz Pkg

\$13.99



Plus Deposit On Beverages Where Required  
**New Belgium Voodoo Ranger Or Fat Tire 12 Pack**  
Selected Varieties  
12 Fl Oz Cans  
144 Fl Oz Pkg

\$16.99



Proudly supports The Hometown Foundation, Inc.

We now deliver with **DOORDASH** **UberEats** We are available on **instacart**

Order online for curbside pickup or delivery with our "ADAMS HOMETOWN FRESH" ordering service: [landing.adamshometownmarkets.com](https://landing.adamshometownmarkets.com)

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|--------------------------------------------------------|------------------------------------------------------|------------------------------------------------------------------------|--------------------------------------------------|---------------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------|----------------------------------------------------------|--------------------------------------------------------------------|----------------------------------------------------|
| <b>TERRYVILLE</b><br>311 Main Street<br>(860) 583-9177 | <b>THOMASTON</b><br>92 Main Street<br>(860) 283-5645 | <b>CANTERBURY</b><br>4 No. Canterbury Rd<br>Rte. 169<br>(860) 546-9436 | <b>LISBON</b><br>99 River Road<br>(860) 376-4424 | <b>WEST WARWICK</b><br>25 Providence Street<br>(401) 828-2999 | <b>DEEP RIVER</b><br>193 Main Street<br>(860) 526-2807 | <b>MILFORD</b><br>1391 New Haven Ave<br>(203) 878-7363 | <b>EAST LYME</b><br>15 Chesterfield Rd<br>(860) 739-2434 | <b>PORTLAND</b><br>316 Marlborough St<br>Rte. 66<br>(860) 342-0672 | <b>WATERTOWN</b><br>1167 Main St<br>(860) 274-0372 |
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