

Over 25 Years Locally Owned & Operated

PRICES EFFECTIVE: SEPT. 26th - OCT. 2nd, 2025

FRI	SAT	SUN	MON	TUES	WED	THURS
26	27	28	29	30	1	2

See store for hours



**Boneless Sirloin Steak Or Spoon Roast**  
Certified Angus Beef Fresh

**\$9.99** lb.

**Fresh Chicken Drumsticks Family Pack**  
Great Grilled, Baked Or Fried!

**99¢** lb.



**Baby Back Pork Ribs**  
Previously Frozen

**\$3.99** lb.



## Harvest the Savings

**\$2.99** lb.

**Fresh Pork Tenderloin**  
Lean & Juicy



**Coca-Cola 12 Pack**  
Selected Varieties  
12 Fl Oz Cans  
144 Fl Oz Pkg

**2/\$11**



**Green Mountain Coffee Or Iced Coffee K-Cups**

Lavazza • Newman's Own  
Donut Shop • McCafe • Cinnabon  
Classic Or Swiss  
Miss Hot Cocoa  
Selected Varieties  
10 Ct • 3.1 To 6.8 Oz Box

**BUY ONE GET ONE FREE**  
Higher Price Prevails



**Arizona Drinks**  
Selected Varieties  
128 Fl Oz Btl

**2/\$6**



**Pepsi 2 Liter**  
Selected Varieties  
67.6 Fl Oz Btl

**2/\$4**



**Barilla Pasta**  
Selected Varieties  
12 To 16 Oz Box

**2/\$3**



**Filippo Berio Olive Oil**  
Selected Varieties  
25.3 Fl Oz Btl

**BUY ONE GET ONE FREE**  
Higher Price Prevails



**Food Club Spring Water 24 Pack**  
16.9 Fl Oz Btl  
405.6 Fl Oz Pkg

**3/\$12**



**Doritos Tortilla Chips**  
Selected Varieties  
8 To 10.75 Oz Bag

**\$3.99**



**Little Leaf Farms Red & Green Leaf Lettuce**  
Green Leaf • Sweet & Crispy • Butter Lettuce  
Spring Or Romaine • Locally Grown • 4 Oz Cntr

**\$2.99** ea.



**Broccoli Crowns**  
High in Fiber • No Waste  
Northeast Grown

**\$1.29** lb.



**Darling Seedless Clementines • 2 Lb Bag**  
Imported

**\$3.99** ea.



**Chobani Greek Yogurt 4 Pack**  
Original • Fruit On The Bottom  
Flip • Less Sugar Or Zero Sugar  
Selected Varieties  
18 To 21.2 Oz Pkg

**BUY ONE GET ONE FREE**  
Higher Price Prevails



**Birds Eye Steamfresh Or Meal Ready Vegetables**  
Complete Sides • Power Blends • Riced Cauliflower • Stir-Fry Meal Starters  
Or Microwave Roasters  
6 To 16 Oz Bag

**2/\$6**



**Dietz & Watson Italian Style Roast Beef**  
Or Top Round London Broil  
Deli Sliced

**\$12.99** lb.



**Fresh Baked Kids Cookies 12 Pack**  
Selected Varieties

**\$3.99** ea.



**Hood Sour Cream**  
Regular Or Light  
16 Oz Cntr  
Or Regular  
12 Oz Squeeze Btl

**2/\$4**



**Banquet Classic Meals**  
Selected Varieties  
7.4 To 11.88 Oz Box

**2/\$4**



**Dietz & Watson Maple & Honey Ham**  
Deli Sliced  
Maple & Honey Turkey Breast... \$10.99 lb.

**\$9.99** lb.



**Fresh Baked 8 Inch Single Layer Cake**  
Selected Varieties  
12.5 To 12.6 Oz Pkg

**\$9.99** ea.





**PREMIUM BUTCHER**  
Finest Selection

**premium Quality**  
NATURAL PRODUCT



**\$6<sup>99</sup>**  
lb.

Fresh  
90% Lean  
Ground Beef  
10% Fat

**\$14<sup>99</sup>**  
lb.



Fresh Beef Sirloin  
Steak Tips  
Certified Angus Beef • Family Pack



Perdue  
Boneless  
Chicken Breast  
Fresh  
Grade A

**\$3<sup>99</sup>**  
lb.



Longhini  
Italian Or Chicken  
Sausage  
Selected Varieties  
Patties • Bulk Or Links  
1 Lb Pkg

**\$4<sup>99</sup>**  
ea.



Springer Mountain Farms  
Whole Chicken  
No Hormones  
No Antibiotics

**\$1<sup>99</sup>**  
lb.



Springer Mountain Farms  
99% Lean  
Ground Chicken  
No Hormones No Antibiotics  
1 Lb Pkg

**\$4<sup>59</sup>**  
ea.



Food Club  
Sliced Bacon  
Regular Or Thick Cut  
16 Oz Pkg

**\$6<sup>99</sup>**  
ea.



Perdue Boneless  
Chicken Nuggets  
Or Cutlets • Selected  
Varieties Or Strips Or  
Bites • 12 Oz Pkg

**2/\$6**



Banquet  
Brown N'Serve  
Sausage  
Selected Varieties  
6.4 Oz Box

**2/\$5**



Dietz & Watson Natural Casing  
Kielbasa • Bratwurst Or Knockwurst  
Or German Wieners • 16 Oz Pkg  
Natural Casing Beef Franks  
16 Oz Pkg... \$7.99 ea.  
Chicken Sausage • Selected  
Varieties • 10 Oz Or Polska  
Kielbasa • 14 Oz... \$4.99 ea.

**\$6<sup>99</sup>**  
ea.



## SEAFOOD

Fresh Verlasso  
Salmon  
Fillets  
Farm Raised

**\$9<sup>99</sup>**  
lb.



Cape Covelle  
Cooked Shrimp  
31 To 40 Ct • Peeled  
Deveined • Tail On  
1 Lb Bag • Frozen

**\$8<sup>99</sup>**  
ea.



Wild Caught  
Cod Fillets  
Previously Frozen

**\$8<sup>99</sup>**  
lb.



Farm Raised  
Tilapia Fillets  
Previously Frozen

**\$5<sup>99</sup>**  
lb.



## DELICATESSEN

Cooper CV Sharp  
American Loaf  
White  
Sliced Fresh In Our Deli

**\$6<sup>99</sup>**  
lb.



Mother Goose  
Liverwurst  
Deli Sliced

**\$4<sup>99</sup>**  
lb.



Lorraine  
Swiss Cheese  
Delicious Flavor  
Sliced Fresh In Our Deli

**\$10<sup>99</sup>**  
lb.



Bel Gioioso  
Fresh Mozzarella  
Whole Or Pearls • Pre-Sliced  
Mozzarella Or Scamorzarella  
Logs Or Smoked Mozzarella  
Balls • 8 Oz Pkg

**\$3<sup>99</sup>**  
ea.



## OUR KITCHEN

Store Made  
Meals  
Assorted Varieties  
14 Oz Cntr  
Fully Cooked  
Heat & Eat

When You Buy 3  
**3/\$25**

Store Made  
Family Size  
Garden Or  
Caesar Salad  
Deli Fresh  
25 Oz Cntr

**\$14<sup>99</sup>**  
ea.

Deli Fresh  
Assorted Soups  
Pre-Packaged • Cold  
20 Oz Cntr  
Beef Chili With Beans  
Lobster Bisque Or Clam  
Chowder • 20 Oz  
Cntr... \$9.99 ea.

**\$6<sup>99</sup>**  
ea.



Cabot Cheddar  
Cheese Bars  
Selected Varieties  
8 Oz Pkg

**\$4<sup>99</sup>**  
ea.



Bel Gioioso  
Shredded  
Cheese  
Shaved • Grated  
Or Crumbled  
Selected Varieties  
5 Oz Cntr

**2/\$8**







**Annie's Macaroni & Cheese**  
Selected Varieties  
5.25 To 6 Oz Box

**2/\$3**



Plus Deposit On Beverages Where Required

**Campbell's Chunky Soup**  
Selected Varieties  
18.6 To 19 Oz Can

**2/\$5**



**2/\$5**

**College Inn Broth**  
Selected Varieties  
32 Oz Crtn

**KITCHEN PANTRY**  
*Everyday Basics*



**Ragu Pasta Sauce**  
Selected Varieties Or  
Alfredo Sauce  
16 To 24 Oz Jar

**2/\$5**



**Contadina Tomatoes**  
Selected Varieties  
28 To 29 Oz Can

**2/\$4**



**Mike's Amazing Mayonnaise**  
30 Fl Oz Jar Or  
22 Fl Oz  
Squeeze Btl

**\$3.99**



**IGA Peanut Butter**  
Creamy Or Crunchy  
16 Oz Jar

**2/\$5**



**General Mills Chex Cereal**  
Selected Varieties  
12 To 14 Oz Box

**2/\$7**



**Botticelli Pasta Sauce**  
Selected Varieties  
14.5 To 24 Oz Jar

**\$4.99**



**Hamburger Helper**  
Selected Varieties  
5.5 To 6.9 Oz Box

**2/\$4**



**Newman's Own Salad Dressing**  
Selected Varieties  
16 Fl Oz Btl

**\$3.49**



**IGA Whole Grain Rolled Oats**  
Old Fashioned Or  
Quick Cooking  
42 Oz Cnstr

**\$4.99**



**IGA Coffee Single Serve Cups**  
Selected Varieties  
12 Ct • 4.23 Oz Box

**\$4.99**



**Canada Dry Seltzer 12 Pack**  
Selected Varieties  
12 Fl Oz Cans  
144 Fl Oz Pkg

**2/\$11**



**Pepsi 6 Pack**  
Selected Varieties  
16.9 Fl Oz Btls  
101.4 Fl Oz Pkg

**2/\$10**



**Polar Soda Or Seltzer 1 Liter**  
Selected Varieties  
33.8 Fl Oz Btl

**10 For \$10**



**Miss Vickie's Kettle Chips**  
Selected Varieties  
8 Oz Pkg

**\$3.99**



**Nabisco Snack Crackers**  
Selected Varieties  
3.5 To 8.5 Oz Pkg

**\$3.79**



**Topo Chico Sparkling Water 8 pack**  
Selected Varieties  
12 Fl Oz Cans  
96 Fl Oz Pkg

**\$6.99**



**Bubly Sparkling Water 8 Pack**  
Selected Varieties  
12 Fl Oz Cans  
96 Fl Oz Pkg

**2/\$7**



**Powerade Sports Drink**  
Selected Varieties  
28 Fl Oz Btl

**2/\$3**



**Cape Cod Potato Chips**  
Selected Varieties  
6.5 To 8 Oz Pkg

**\$3.99**



**Nabisco Chips Ahoy! Family Size Cookies**  
Selected Varieties  
9.31 To 19.5 Oz Pkg

**\$4.79**



**Brawny 4 Double Rolls Paper Towels**  
3-Ply • Tear-A-Square  
Or Full Sheet  
152 To 304 Ct Pkg

**\$8.99**



**Quilted Northern 6 Mega Rolls Bath Tissue**  
Ultra Plush Or  
Ultra Soft & Strong  
1530 To 1770 Ct Pkg

**\$8.99**



**Xtra Laundry Detergent**  
Selected Varieties  
56 To 57.6 Fl Oz Btl

**BUY ONE GET ONE FREE**



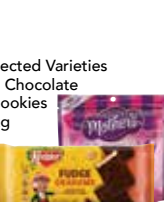
**Crav'n Potato Chips**  
Or Kettle Cooked • Original Corn Chips  
Or Dipp'n Dippers • Tortilla Chips  
Or Puffed Cheese Snacks  
Selected Varieties  
7.75 To 9.75 Oz Bag

**2/\$4**



**Keebler Cookies**  
Or Mother's • Selected Varieties  
Or Famous Amos Chocolate  
Chip Bite-Sized Cookies  
8.5 To 13.4 Oz Pkg

**2/\$7**



## DAIRY BAR

**Tropicana Pure Premium Orange Juice**  
Selected Varieties Or  
Ruby Red Grapefruit Juice  
46 Fl Oz Btl

**2/\$9**



**Fage Total Greek Yogurt**  
Or Best Self • Selected  
Varieties • 5.3 Oz Cntr

**4/\$5**



**Marie Callender's Entrees**  
Or Pot Pies  
Selected Varieties  
11.85 To 15 Oz Box

**\$3.99**



**On-Cor Entrees**  
Selected Varieties  
24 To 28 Oz Box

**\$3.99**



**Simply Orange Juice**  
Selected Varieties  
46 Fl Oz Btl

**2/\$9**



**Stok Cold Brew Coffee**  
Selected Varieties  
48 Fl Oz Btl

**\$4.99**



**Hood Ice Cream Sandwiches**  
Selected Varieties Or Hoodsie  
Cups • 24 To 37.5 Fl Oz Pkg

**\$3.99**



**Good Humor Ice Cream Bars**  
Selected Varieties • 16.2 To 18 Fl Oz Or Klondike  
Cones Or Sandwiches • Selected Varieties  
15 To 25.3 Fl Oz Or Breyers S'mores Bars  
Or Sandwiches • 16 To 18 Fl Oz Box

**\$4.99**





# FRESH PRODUCE

Local & Fresh



**Ripe Avocados**  
Ready To Be Eaten  
Make Your Own Guacamole

**4/\$5**



**\$2.49**  
lb.

**Anjou • Bartlett  
Or Red Pears**  
Ripe & Ready To Be Eaten



**Premium Sweet Potatoes**  
Yams • Southern Grown  
Fall Favorite

**\$1.29**  
lb.



**Whole Or Sliced Baby Bella Mushrooms**

All Natural • High In Potassium • 8 Oz Pkg

**2/\$5**



**Jumbo Red Onions**

Great In Salads  
High In Fiber

**99¢**  
lb.



**Russet Or White Potatoes 5 Lb Bag**

Northeast Grown • US #1  
High In Fiber  
Low In Calories

**\$2.49**  
ea.



**Western Grown Honeycrisp Apples**  
Extraordinary Flavor  
US Fancy

**\$2.99**  
lb.



**Navel Oranges**  
Imported  
High In Vitamin C

**99¢**  
ea.



**Lil McIntosh Or Gala Apples 2 Lb Bag**  
Great For Snacking

**\$2.99**  
ea.



**White Or Red Seedless Grapes**  
The Natural Snack  
Sweet & Juicy

**\$2.99**  
lb.



## FRESH FLORAL



**Half Dozen Roses**

Assorted Colors Of  
Ecuadorian Bunches Available

**\$4.99**  
ea.



**Local 5 Stem Sunflowers**

Brighten A Room!  
Bright & Colorful

**\$4.99**  
ea.

## BAKERY SHOPPE

Not All Bakery Items Available In Thomaston

**Fresh Baked Portuguese Rolls 6 Pack**

**2/\$5**



**New York Style Crumb Cake**

Wild Blueberry  
Or Cinnamon  
20 Oz Box

**\$6.49**  
ea.



**Bakery Fresh Elephant Ears Or Twists 2 Pack**

**\$2.99**  
ea.



**Nashoba Brook Bakery Sliced Bread**

19 To 21 Oz Pkg • Sourdough Or French

Everything Bagel  
Rosemary Garlic • 7 Grain  
Or Harvest ... \$5.99 ea.

**\$4.99**  
ea.



**Thomas' English Muffins**

Selected Varieties • 6 Ct Or King Size 4 Ct • 12 To 13 Oz Pkg

**\$3.99**



**Nature's Own Perfectly Crafted Bread**

Selected Varieties  
22 Oz Pkg

**\$3.99**



**Entenmann's Donuts**

Selected Varieties  
8 Ct • 15 To 18 Oz Pkg

**\$4.99**

**Martin's Butter Bread**

18 Oz Pkg

**\$3.49**

## BEER

**Budweiser Or Bud Light 30 Pack**

12 Fl Oz Cans  
360 Fl Oz Pkg

**\$27.99**



**New Belgium Voodoo Ranger Or Fat Tire 12 Pack**

Selected Varieties  
12 Fl Oz Cans  
144 Fl Oz Pkg

**\$16.99**



Plus Deposit On Beverages Where Required

Proudly supports The Hometown Foundation, Inc. We are now available on instacart

Order online for curbside pickup or delivery with our "ADAMS HOMETOWN FRESH" ordering service and website: [ADAMSHOMETOWNMARKETS.COM/ORDER ONLINE/ADAMS HOMETOWN FRESH](https://adamshometownmarkets.com/order-online/adams-hometown-fresh)

**TERRYVILLE**

311 Main Street  
(860) 583-9177

**THOMASTON**

92 Main Street  
(860) 283-5645

**CANTERBURY**

4 No. Canterbury Rd  
Rte. 169  
(860) 546-9436

**LISBON**

99 River Road  
(860) 376-4424

**WEST WARWICK**

25 Providence Street  
(401) 828-2999

**SHELTON**

Rt. 110  
200 Leavenworth Rd  
(203) 929-7982

**DEEP RIVER**

193 Main Street  
(860) 526-2807

**MILFORD**

1391 New Haven Ave  
(203) 878-7363

**EAST LYME**

15 Chesterfield Rd  
(860) 739-2434

**PORTLAND**

316 Marlborough St  
Rte. 66  
(860) 342-0672