

Over 25 Years Locally Owned & Operated

PRICES EFFECTIVE: March 27th - April 2nd, 2026

FRI 27	SAT 28	SUN 29	MON 30	TUES 31	WED 1	THURS 2
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Boneless Beef Spoon Roast
Or Sirloin Steak
Certified Angus Beef

\$10⁹⁹
lb.

Boneless Center Cut Pork Roast
Or Center Cut Pork Chops
Family Pack

\$2⁹⁹
lb.



\$1⁹⁹
lb.

Sugardale Or Cook's Ham Shank Or Butt Portion
Holiday Favorite



Ronzoni Pasta
Selected Varieties
12 To 16 Oz Box



4/\$5

College Inn Broth
Selected Varieties
32 Oz Crtn



2/\$5

Coca-Cola 2 Liter
Selected Varieties
67.6 Fl Oz Btl



4/\$9

Poland Spring Spring Water 24 Pack
16.9 Fl Oz Btls
405.6 Fl Oz Pkg



2/\$9

Hellmann's Mayonnaise
Selected Varieties
30 Fl Oz Jar Or
20 Fl Oz Squeeze Btl



\$5⁹⁹

Lay's Potato Chips
Or Poppables • Selected Varieties • 5 To 9.625 Oz
Or Kettle Cooked Chips
Selected Varieties
7.75 To 8 Oz Pkg



\$2⁹⁹

Polar Seltzer Or Soda 12 Pack
Selected Varieties
12 Fl Oz Cans
144 Fl Oz Pkg



\$4⁹⁹

Dunkin' Ground Coffee
Or Whole Bean • Selected Varieties • 11 To 12 Oz Bag
Or K-Cups Selected Varieties
10 Ct • 3.5 To 5.1 Oz Or Cafe Bustelo
K-Cups • 10 Ct
3.3 to 4.44 Oz Pkg



\$7⁹⁹

Fresh Tender Asparagus
Springtime Favorite
All Green



\$2⁹⁹
lb.

Russet Potatoes 5 Lb Bag
US #1
High In Fiber



\$2⁴⁹
ea.

Seedless Clementines
Imported
2 Lb Bag



\$3⁹⁹
ea.

Cracker Barrel Cheese Bars
Selected Varieties
7 To 8 Oz Pkg



2/\$5

Birds Eye Steamfresh Vegetables
Or Rice • Selected Varieties • 10 To 10.8 Oz Bag



2/\$3

Sahlen's Smokehouse 97% Fat Free Ham
Or Italian Hot Ham
Deli Sliced



\$7⁹⁹
lb.

Fresh Baked Bagels 4 Pack
Selected Varieties



2/\$7

Land O Lakes Butter Sticks
Selected Varieties
16 Oz Pkg



2/\$7

Stouffer's Entrees
Selected Varieties
8.375 To 12.87 Oz Box



\$3⁹⁹

Dietz & Watson Maple & Honey Turkey Breast
Maple & Honey Ham... \$11.99 lb.



\$12⁹⁹
lb.

Bakery Fresh New York Crumb Cake
Cinnamon Or Blueberry
20 Oz Pkg



\$5⁹⁹
ea.

PREMIUM BUTCHER
Finest Selection



premium Quality
NATURAL PRODUCT



Cook's
\$2⁹⁹ lb.

Cook's Spiral Cut Honey Or Brown Sugar Half Ham



Bone-In Rib Eye Roast Or Rib Steak
Certified Angus Beef



\$15⁹⁹ lb.

\$4⁹⁹ lb.



Dietz & Watson
Chef Carved Uncured Brown Sugar Or Honey Ham

90% Lean Ground Beef
Family Pack



\$6⁹⁹ lb.

Fresh Pork Tenderloin
Lean & Tender



\$2⁹⁹ lb.

Premio Hot Or Sweet Italian Sausage
Patties Or Links
1 Lb Pkg



\$4⁹⁹ ea.

Springer Mountain Farms Chicken Thighs Or Drumsticks Family Pack
Fresh • Bone-In
No Hormones No Antibiotics



\$1⁹⁹ lb.

Perdue Thin Sliced Boneless Chicken Breast
Or Breast Tenders



\$4⁹⁹ lb.

SEAFOOD

Fresh Salmon Fillets
Farm Raised



\$10⁹⁹ lb.

Wild Caught Swordfish Or Tuna Steaks
Previously Frozen



\$8⁹⁹ lb.

Oyster Bay Large Cooked Shrimp
Farm Raised • Peeled & Deveined
31 To 40 Ct • Tail On
Frozen • 2 Lb Bag



\$18⁹⁹ ea.

Kelchner's Cocktail Sauce
7 Oz Jar



2/\$6

Tyson Boneless Chicken
Selected Varieties • Grilled Or Breaded Boneless Strips • Fries • Bites • Diced Or Wings • Bone-In • Selected Varieties • 20 To 26.5 Oz Pkg



\$8⁹⁹ ea.

Oscar Mayer Sliced Bacon
Selected Varieties
16 Oz Or Center Cut • 12 Oz Pkg



\$7⁹⁹ ea.

DELICATESSEN

Stella Smoked Provolone
Or Whole Milk Mozzarella
Sliced To Order



\$5⁹⁹ lb.

Margherita Genoa Or Hard Salami
Sandwich Pepperoni Or Hot Capicola
Prosciutto... \$12.99 lb.



\$7⁹⁹ lb.

Finlandia Imported Swiss Cheese
Lacy Or Pepper Jack
Deli Sliced



\$8⁹⁹ lb.

Cabot Cheddar Cheese
Selected Varieties
8 Oz Pkg



\$5⁹⁹ ea.

OUR KITCHEN

Store Made Chicken Leg Quarters 2 Pack
All Varieties



\$5⁹⁹ ea.

SAVE \$2
Store Made Deli Fresh Green Salad
\$2 Savings Off Regular Retail On Any 9 To 10 Oz Cntr Selected Varieties



La Terra Fina Quiche
Selected Varieties
23 Oz Pkg



\$13⁹⁹ ea.

Garden Fresh Salsa
Selected Varieties
16 Oz Cntr Or Tortilla Chips Seasoned Or Blue Corn
14 Oz Bag



2/\$8

Bel Gioioso Grated Cheese
Shaved Or Shredded
Selected Varieties
5 Oz Cntr



2/\$8



**Pillsbury Best
All Purpose Flour**
Regular Or Unbleached
5 Lb Bag

2/\$7



**Rao's Homemade
Pasta Sauce**
Selected Varieties
32 Oz Jar

\$9.99



**Kellogg's
Special K Cereal**
Selected Varieties
9.6 To 12.9 Oz Box



\$3.99

**KITCHEN
PANTRY**
Everyday Basics



Plus Deposit On Beverages Where Required

**Near East Rice
Or Couscous**
Selected Varieties
5.2 To 10 Oz Box

2/\$5



**Kitchen Basics
Stock**
Selected Varieties
32 Oz Crtn

2/\$7



**Ken's Steak House
Salad Dressing Or
Simply Vinaigrette**
Selected Varieties
16 Fl Oz Btl

2/\$7



**Quaker Oats
Old Fashioned**
Or Quick 1-Minute
18 Oz Cnstr

2/\$7



**General Mills
Chex Cereal**
Selected Varieties
12 To 14 Oz Box

\$3.99



**Bertolli
Pasta Sauce**
Or Alfredo
Selected Varieties
15 To 24 Oz Jar

2/\$7



**Contadina
Tomatoes**
Selected Varieties
28 To 29 Oz Can

2/\$5



**Kraft
Mac & Cheese**
Selected Varieties
5.5 To 7.3 Oz Box

2/\$4



**Maxwell House
Ground Coffee**
Selected Varieties
9.9 To 11 Oz Can

\$9.99



**Ocean Spray
Cranberry Juice
Cocktail Drinks**
Or Cranberry Blends
Selected Varieties
64 Fl Oz Btl

\$3.99



**Pepsi
2 Liter**
Selected Varieties
67.6 Fl Oz Btl

2/\$4



**7-Up • Sunkist
Or A&W
2 Liter**
Selected Varieties
67.6 Fl Oz Btl

\$1.88



**Cape Cod
Potato Chips**
Selected Varieties
6.5 To 8 Oz Bag

\$3.99



**Cheez-It Baked
Snack Crackers**
Original • White
Cheddar Or Extra
Toasty • 7 Oz Box

\$2.99



**Town House
Crackers**
Club Or Toasted
Selected Varieties
8 To 13.8 Oz Box

\$3.99



**Coca-Cola
12 Pack**
Selected Varieties
12 Fl Oz Cans
144 Fl Oz Pkg

2/\$16



**Snapple Drinks
12 Pack**
Selected Varieties
16 Fl Oz Btls
192 Fl Oz Pkg

\$8.99



**Frito Lay Snacks
Multipacks**
Selected Varieties
15 To 18 Ct
9 To 18.125 Oz Pkg

\$9.99



**Tostitos Cantina
Tortilla Chips**
Traditional • 11 Oz
Or Thin & Crispy
8 Oz Bag

\$2.99



**Carr's
Crackers**
Selected Varieties
4.25 To 7 Oz Box

\$3.99



**Reynolds Wrap
Aluminum Foil**
Everyday • Heavy Duty • Recycled
Or Non-Stick • 50 To 75 Sq Ft Roll

\$4.99



**Ziploc
Storage Or
Freezer Bags**
Quart Or Gallon
16 To 29 Ct Pkg

\$3.99



**Dixie Ultra Or
Everyday Paper
Plates Or Bowls**
Selected Varieties
18 To 50 Ct Pkg

2/\$7



**Crav'n Tortilla Chips
Corn Chips Or
Potato Chips**
Selected Varieties
7.75 To 9.75 Oz Bag

2/\$4



**Tate's Bake Shop
Cookies**
Selected Varieties
5.5 To 7 Oz Pkg

\$5.49



DAIRY BAR

**Philadelphia
Cream Cheese Bar**
Original Or 1/3 Less Fat
8 Oz Pkg

2/\$5



**Daisy
Sour Cream**
Regular Or Light
16 Oz Cntr

2/\$5



**Florida's Natural
Orange Juice**
Selected Varieties
Grapefruit Or Orange
Blends • 52 Fl Oz Crtn

2/\$8



**Heluva Good!
Dip**
Selected Varieties
12 Oz Cntr

2/\$5



**Friendly's
Ice Cream**
Selected Varieties
Excluding Pistachio
48 Fl Oz Crtn

\$4.99



**Mrs.'s
Pierogies**
Selected Varieties
12.84 To 16 Oz Box

2/\$6



Birds Eye Vegetables
Riced • Steamfresh • Mixes
Chef Favorites • Power
Blend • Stir Fry Or Farm Fresh
Selected Varieties
9 To 16 Oz Bag

2/\$6



**Marie Callender's
Cream Pies**
Or Fruit Pies
Selected Varieties
25.6 To 38 Oz Box

\$6.99



FROZEN

FRESH PRODUCE

Local & Fresh



Red Ripe Strawberries
Sweet & Delicious
1 Lb Pkg

\$3.99
ea.



Olivia's Organics Salads
Selected Varieties
4.5 TO 5 Oz Cntr

\$3.99
ea.



Southern Grown Sweet Potatoes
Dinnertime Favorite
High In Fiber

\$1.29
lb.



Colored Cauliflower
Orange Or Purple
Or Green Broccoflower

\$4.99
ea.



All Natural Whole Or Sliced White Mushrooms
High In Potassium
8 Oz Pkg

2/\$5



Pero Family Farms Snipped Green Beans
Washed & Ready To Use
12 Oz Pkg

\$2.99
ea.



Brussels Sprouts
Dinnertime Favorite
9 Oz Pkg

\$3.99
ea.



Nature Sweet D'Vines Or Cherubs Tomatoes
Great For Salads
9 To 10 Oz Pkg

\$3.49
ea.



Red Seedless Grapes
The Natural Snack

\$2.99
lb.



Minneola Tangelos Or Navel Oranges
Sweet & Juicy

4/\$5



Granny Smith Apples
Washington US Fancy
\$1.59
lb.

FRESH FLORAL

Dozen Rose Bouquet
Assorted Colors Of Ecuadorian Roses
\$12.99
ea.



6" Daffodil, Tulip Or Hyacinth Plant
Assorted Colors To Choose From

2/\$12



6" Easter Lily Plant
A Traditional Favorite

\$8.99
ea.

BAKERY SHOPPE

Fresh Baked Carrot Raisin Muffins 4 Pack
Or Butter Pound Cake
18 Oz Pkg

\$5.99
ea.



Store Made 8 Inch Single Layer Carrot Cake
19 Oz Pkg

\$9.99
ea.



Store Decorated Cupcakes 6 Pack
Chocolate Or Gold Carrot... \$5.99 ea.

\$4.99
ea.



Fresh Baked 8 Inch Coconut Custard Pie
Or 8 Inch Egg Custard
26 Oz Pkg
10 Inch Apple Pie
46 Oz Pkg...\$9.99 ea.

\$7.99
ea.



IGA Giant White Bread
Round Top
22 Oz Pkg

\$2.19



Wonder Classic White Bread
20 Oz Loaf

\$2.99



Nature's Own Brioche Style Butter Rolls
12 Ct • 12 Oz Pkg

\$3.99

Thomas' English Muffins 6 Pack
Original
12 Oz Pkg

BUY ONE GET ONE FREE

BEER

Stella Artois 12 Pack
11.2 Fl Oz Btls
11.2 Or 12 Fl Oz Cans
134.4 Or 144 Fl Oz Pkg

\$17.99



Plus Deposit On Beverages Where Required

Budweiser Or Bud Light 12 Pack
12 Fl Oz Btls Or Cans
144 Fl Oz Pkg

\$13.99



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We now deliver with **DOORDASH** **UberEats** We are available on **instacart**

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TERRYVILLE
311 Main Street
(860) 583-9177

THOMASTON
92 Main Street
(860) 283-5645

DEEP RIVER
193 Main Street
(860) 526-2807

MILFORD
1391 New Haven Ave
(203) 878-7363

EAST LYME
15 Chesterfield Rd
(860) 739-2434

PORTLAND
316 Marlborough St Rte. 66
(860) 342-0672

WATERTOWN
1167 Main St
(860) 274-0372