





Dips And Smoothies







Florida's Natural Orange Juice Selected Varieties • Ruby Red Grapefruit Or Orange Juice Blends • 52 Fl Oz Crtn



Sahlen's Smokehouse 97% Fat Free Ham Italian Hot Ham... \$7.99 lb Deli Sliced





Lean Cuisine **Comfort Cravings** Selected Varieties • 8.5 To 10 Oz Or Protein Kick Entrees • Pizza Or Quesadilla • 5 To 11.5 Oz Box



Fage Total Greek Yogurt Or BestSelf Selected Varieties









Boneless Chuck Roast Or Steak Family Pack Certified Angus Beef



Certified Angus Beef CAB not available in West Warwick Store. USDA available in West Warwick





Boneless Chicken Tenders Family Pack



Perdue Fresh Chicken **Drumsticks** Grade A



Springer Mountain Farms 92% Lean

SEAFOOD

Ground Chicken No Hormones No Antibiotics 16 Oz Pkg



Al Fresco Chicken Sausage

Selected Varieties 11 Oz Or Fully Cooked Chicken Meatballs



Food Club Macaroni & Cheese **Or Mashed Potatoes** Fully Cooked • Heat & Serve 20 To 24 Oz Cntr



Wild Caught Swordfish Or Tuna

Steaks



Oyster Bay Jumbo Cooked Shrimp

Farm Raised • Peeled & Deveined 21 To 25 Ct • Tail On Frozen • 2 Lb Bag

Swai **Fillets** Farm Raised



Scott & Jon's Shrimp Bowl **Entrees**

Selected Varieties 9.6 Oz Box • Froze

On•Cor Chicken Nibblers Patties Or Strips 26 To 27.5 Oz Pkg



Food Club Sliced Bacon Regular Or Thick Cut 16 Oz Pkg



DELICATESSEN













OUR KITCHEN















Selected Varieties 28 Oz Can



Chicken Broth Classic Or

Reduced Sodium 32 Oz Crtn



Quick Cooking Or Old Fashioned 18 Oz Cnstr



Serve Cups

Selected Varieti 12 Ct • 3.76 To .08 Oz Box



Kraft **Grated Parmesan** Cheese Selected Varieties 8 Oz Cntr

IGA Specialty Beans

Selected Varieties 15 To 15.5 Oz Can



V8 100% Vegetable Juice Or 100% Juice Blends Selected Varieties 46 Fl Oz Btl



Nature Valley Granola Bars

Crunchy • Lunch Box Fruit & Nut • Trail Mix Or Sweet & Salts Selected Varieties 4.6 To 8.94 Oz Box



Dunkin' Whole Bean Or **Ground Coffee**

Selected Varieties 11 To 12 Oz Bag



Coca-Cola 12 Pack

Selected Varieties 12 Fl Oz Cans 144 Fl Oz Pkg

Pepsi 6 Pack Selected Varieties 16 9 Fl Oz Btls



7Up • A&W Or Sunkist 2 Liter Selected Varieties

67.6 Fl Oz Btl



Lay's **Baked Snacks** Selected Varieties

6.25 To 7.625 Oz Bag



Doritos Tortilla Chips Selected Varietie



Coca-Cola 2 Liter 67.6 Fl Oz Btl



Pepsi Mini-Cans

6 Pack Selected Varieties 7.5 Fl Oz Cans 45 Fl Oz Pkg



Powerade Sports Drink Selected Varieties

28 Fl Oz Btl



Cape Cod **Potato Chips** 6.5 To 8 Oz Bag



Seltzer 1 Liter Selected Varieties 33.8 Fl Oz Btl

Adirondack



Bounty 6 Double Rolls Paper Towels

300 To 492 Ct Pkg



Charmin 9 Mega **Rolls Bath Tissue**

Or 6 Mega XL Rolls Ultra Soft Or Ultra Strong 1872 To 1980 Ct Pkg

Simply Done Bleach Selected Varieties

43 Fl Oz Btl



Vintage Seltzer 12 Pack

Selected Varieties 12 Fl Oz Cans 144 Fl Oz Pkg

Cheez-It Baked **Snack Crackers**

Snap'd Or Puff'd Selected Varieties 5.75 To 12.4 Oz Box



Dannon Activia Proactive Yogurt Or Oikos Triple Zero • Too Good Yogurt Pouches • Light + Fit • 4 Pack Selected Varieties • 21.2 Oz Or Danimals • 4 Pack • 14 Oz Pkg OIKOS

Califia Farms Almondmilk Oatmilk Or Coconutmilk Selected Varieties

48 Fl Oz Btl



Noosa Lil' Tub Yoghurt Selected Varieties 4.5 Oz Cntr



Starbucks Iced Coffee Or Cold Brew Selected Varieties Or White Chocolate Mocha 40 To 48 Fl Oz Btl



Eggo Waffles

Pancakes Or French Toast Sticks • Selected Varieties 8.4 To 14.8 Oz Box



Birds Eye Vegetables Steamfresh Mixes • Chef Favorites Power Blend • Stir Fry Or Farm

Fresh • Selected Varieties 9 To 16 Oz Pka



Hood

Ice Cream

Or Frozen Yogurt Selected Varieties 48 Fl Oz Crtn



Friendly's Ice **Cream Novelties** Selected Varieties 16.5 To 36 Fl Oz Box





Red Or White Seedless Grapes

The Natural Snack Sweet & Juicy

Honeycrisp Apples Extraordinary Flavor **US Fancy**



Extra Large Cantaloupes Sweet & Delicious

High In Fiber

All Natural Whole Or Sliced White **Mushrooms**

High In Potassium 8 Öz Pkg



Sweet **Onions**

High In Fiber U.S. Fancy



Fresh Mangoes Full Of Vitamins

& Minerals



Granny Smith Apples



FRESH FLORAL



Half Dozen Roses Assorted Colors

Tropical Foliage Plants

Assorted 4 Inch • 6 Inch... \$9.99 ea Or 6 Inch Tropical Foliage Hanging Basket... \$9.99 ea

Fresh **Broccoli Crowns** No Waste High In Fiber

Fresh Kale Or **Collard Greens** Rich In Antioxidants High In Fiber

BAKERY SHOPPE

Not All Bakery Items Available In Thomaston

Store Decorated Cake Squares Selected Varieties 3 Oz Pkg

Bakery Fresh 4 Inch Pies Selected Varieties 3.5 To 4 Oz Pkg



Stonefire Mini Naan Bread Selected Varieties 7 To 7.5 Oz Pkg



Nashoba Brook Bakery **Artisan Bread**

French • Sourdough • Everything Bagel Rosemary Garlic Or Seven Grain... \$6.99

21 To 23 Oz Pkg



Martin's **Potato Bread** Original • 18 Oz Or Butter Bread • 18 Oz Pkg



Italian Bread Or D'Italiano • Selected Varieties • 16 To 20 Oz Pkg



12 Pack

12 Fl Oz Btls 144 Fl Oz Pkg

Modelo Especial Modelo

BEER

Plus Deposit On Beverages Where Required

Stella Artois 12 Pack 11.2 Fl Oz Btls 11 2 Or 12 Fl Oz Cans 134.4 Or 144 Fl Oz Pkg



Giant White Bread Round Top 22 Oz Pkg

Dave's Killer Bread Thin Sliced Organic • Sel 20.5 Oz Pkg

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WEST WARWICK 25 Providence Street (401) 828-2999

193 Main Street (860) 526-2807

MILFORD

1391 New Haven Ave (203) 878-7363

15 Chesterfield Rd (860) 739-2434

EAST LYME

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