



**Boneless
Chicken Breast**
Family Pack

\$2.49
lb.



**Whole Rack
Baby Back
Pork Ribs**
Previously Frozen

\$3.99
lb.



**Boneless
Chuck Steak
Or Roast**
Certified Angus Beef

\$7.99
lb.



**Ronzoni
Pasta**
Selected Varieties
12 To 16 Oz Box



4/\$5

**General Mills
Cheerios Cereal**
Honey Nut Cheerios • Reese's
Puffs • Cinnamon Toast Crunch
Cocoa Puffs Or Lucky Charms
18 To 19.7 Oz Box



2/\$8

**Maxwell House
Ground Coffee**
Selected Varieties
23.1 To 27.5 Oz Can



\$9.99

**Doritos
Tortilla Chips**
Selected Varieties
8 To 10.75 Oz Or
Cheetos • 6.5
To 10 Oz Pkg



\$3.99

**Filippo Berio
Pure Olive Oil**
Extra Light • Extra Virgin
Or Robusto Extra Virgin
16.9 Fl Oz Btl



\$5.99

**Flora Essentials
6 Giant Rolls Paper Towels**
Strong & Absorbent • White
708 Ct Pkg Or 12 Double + Rolls
Bath Tissue • Selected Varieties
2580 Ct Pkg



2/\$10

**Gatorade
Thirst
Quencher**
Selected Varieties
28 Fl Oz Btl



3/\$5

**Tortiyahs!
Tortilla Chips**
Selected Varieties
9 To 11 Oz Pkg



\$3.99

**Olivia's Organics
Salads**
Selected Varieties
4.5 To 5 Oz Pkg



\$2.99
ea.

**Ripe
Avocadoes**
Make Your Own Guacamole
High In Fiber



5/\$5

**Imported
Seedless Clementines**
2 Lb Bag
High In Vitamin C



\$3.99
ea.

**Florida's Natural
Orange Juice**
Selected Varieties
Grapefruit Or
Selected Blends
52 Fl Oz Crtn



2/\$7

**Green Giant
Simply Steam
Vegetables**
Selected Varieties
7 To 8 Oz Box



4/\$5

**Sahlen's Smokehouse
97% Fat Free
Ham**
Or Italian Hot Ham
Deli Sliced



\$7.99
lb.

**David's Gourmet
Cookies 8 Pack**
Selected Varieties



\$4.99
ea.

**Cabot
Shredded
Cheese**
Or Bars • Selected
Varieties • 6 To 8 Oz Pkg



2/\$7

**Friendly's
Ice Cream**
Selected Varieties
Excluding Pistachio
48 Fl Oz Crtn



\$4.99

**Great Lakes
Swiss Cheese**
Deli Sliced



\$5.99
lb.

**Fresh Baked
Cherry Strudel**
Blueberry • Raspberry Or
Or Apple • 12 Oz Pkg



\$2.49
ea.

PREMIUM BUTCHER

Finest Selection



Premium Quality
NATURAL PRODUCT

Boneless Sirloin Steak Or Spoon Roast

Certified Angus Beef

\$9.99
lb.



90% Lean Ground Beef

Fresh

\$6.99
lb.



\$2.99
lb.

Boneless Center Cut Half Pork Loin

Chairman Prime

Springer Mountain Farms Whole Chicken

No Hormones
No Antibiotics

\$1.99
lb.



Springer Mountain Farms Thin Sliced Boneless Chicken Breast

No Hormones
No Antibiotics

\$4.99
lb.



Perdue Chicken Short Cuts

Selected Varieties

8 Oz Pkg

3/\$10



Curly's Shredded Pork Or Chicken

Selected Varieties
15 To 16 Oz Cntr
BBQ Baby Back Pork Ribs
24 Oz Pkg... \$14.99 ea.

\$5.99
ea.



Simply Mashed Potatoes
Selected Varieties
24 Oz Pkg
2/\$7

Nathan's Mozzarella Sticks

16.4 Oz Box
Mini Beef Franks In Puff Pastry
Or Corn Dogs • 17.5 To
24 Oz Pkg... \$14.99 ea.

\$5.99
ea.



Oscar Mayer Sliced Bacon

Selected Varieties
16 Oz Or Center
Cut • 12 Oz Pkg

\$8.99
ea.



Simply Potatoes Shredded Hash Browns

Or Diced Potatoes • Selected
Varieties • 20 Oz Pkg

2/\$7



SEAFOOD

Coho Salmon Fillets

Farm Raised

\$7.99
lb.



Wild Caught Flounder Fillets

Previously Frozen
Canada

\$6.99
lb.



TransOcean Crab Classic

Flake • Chunk Or Leg
Style Or Lobster Classic
Chunk Style • 8 Oz Pkg

2/\$6



Yankee Trader Seafood Spring Rolls

Lobster • Crab Or
Shrimp • 8 Oz Pkg

2/\$9



DELICATESSEN

Dietz & Watson Oven Classic Turkey Breast

Homestyle Black
Pepper Or Mesquite
Turkey Breast
Deli Sliced

\$11.99
lb.



Dietz & Watson Extra Lean Corned Beef Or Lean Pastrami

Sliced To
Order

\$11.99
lb.



Store Made Roast Beef

Deli Sliced

\$14.99
lb.



Bel Gioioso Slicing Provolone

Mild Or Piccante
Deli Sliced

\$6.99
lb.



OUR KITCHEN

Store Made Whole Rack Barbecue Pork Spare Ribs

Half Rack... \$8.99 ea.

\$16.99
ea.



Store Made Family Size Garden Or Caesar Salad

Deli Fresh
25 Oz Cntr

\$12.99
ea.



Blount's Family Kitchen Lasagna Soup

Or Chicken Pot Pie Soup
24 Oz Or Tail Gate Beef Chili
24 Oz Cntr... \$10.99

\$9.99
ea.



Esti Hummus Or Dip

Selected Varieties
8 To 10 Oz Cntr

\$5.99
ea.



President Rondele Spreadable Cheese

Selected Varieties
8 Oz Cntr

\$6.99
ea.



2/\$6

New England Ground Coffee
Selected Varieties
9 To 12 Oz Bag

\$8.99

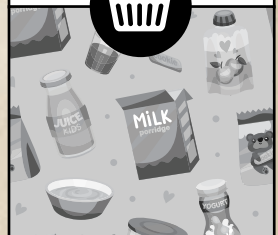
Adams
MARKET IGA

Kellogg's Raisin Bran Cereal
Selected Varieties
Or Blueberry Bran Crunch
13.6 To 16.1 Oz Box

\$3.99

KITCHEN PANTRY

Everyday Basics



Nature Valley Protein Granola Bars

Trail Mix • Crunchy • Sweet & Salty • Lunch Box • Fruit & Nut Bars • Selected Varieties
4.6 To 8.94 Oz Box

Fall Harvest
TRUCKLOAD SALE

Plus Deposit On Beverages Where Required

IGA Or Food Club Corn Or Green Beans

Or Carrots • Selected Varieties • 14.5 To 15.25 Oz Can

10 For \$10

Hunt's Tomatoes

Selected Varieties
28 To 29 Oz Can

2/\$5

IGA Granulated Sugar

Extra Fine
4 Lb Bag

\$2.99

Juicy Juice 100% Fruit Juice

Selected Varieties
64 Fl Oz Btl
Or 8 Pack
54 Fl Oz Pkg

\$3.99

IGA Crispy Rice Cereal

Regular Or Honey Nut
Toasted Oats • Frosted
Or Bite Size Shredded
Wheat • 12 To 18 Oz Box

2/\$5

IGA Grated Parmesan Cheese

Or Parmesan & Romano Cheese
8 Oz Cntr

\$2.99

Ragu Pasta Sauce

Selected Varieties
45 Oz Jar

\$3.99

Betty Crocker Super Moist Cake Mix

Selected Varieties
13.25 To 14.25 Oz Box

2/\$4

Ocean Spray 100% Cranberry Juice

Selected Cranberry
Blends • 64 Fl Oz Btl

\$3.99

Quaker Oats Quick 1-Minute

Or Old Fashioned
18 Oz Cntr

\$3.99

Coca-Cola 12 Pack

Selected Varieties
12 Fl Oz Cans
144 Fl Oz Pkg Or
8 Pack • 12 Fl Oz
Btls • 96 Fl Oz Pkg

2/\$15

7-Up • Sunkist Or A&W 2 Liter

Selected Varieties
67.6 Fl Oz Btl

\$1.88

Miss Vickie's Kettle Chips

Selected Varieties
8 Oz Pkg

\$3.99

Nabisco Premium Saltines

Selected Varieties
11 To 16.06 Oz Pkg Or
Oyster Crackers
9 Oz Pkg

\$3.49

Pepsi 12 Pack

Selected Varieties
12 Fl Oz Cans
144 Fl Oz Pkg Or
8 Pack • 12 Fl Oz
Btls • 96 Fl Oz Pkg

\$7.99

Canada Dry Seltzer 12 Pack

Selected Varieties
12 Fl Oz Cans
144 Fl Oz Pkg

2/\$11

Powerade Sports Drink

Selected Varieties
28 Fl Oz Btl

2/\$3

Deep River Snacks

Kettle Chips
Selected Varieties
5 Oz Pkg

2/\$7

Nabisco BelVita Breakfast Biscuits

Selected Varieties
5 To 8.81 Oz Pkg

\$3.99

Bubly Sparkling Water 8 Pack

Selected Varieties
12 Fl Oz Cans
96 Fl Oz Pkg

2/\$7

Bounty 8 Double Plus Rolls Paper Towels

White Or 6 Triple Rolls • White
Or Prints • Full Sheet Or
Select-A-Size
450 To 824 Ct Pkg

\$17.99

Charmin 16 Mega Rolls Bath Tissue

Ultra Soft Or Ultra Strong
3328 To 3584 Ct Pkg

\$17.99

Tide Or Gain Liquid Laundry Detergent

Selected Varieties • 55 To 88 Fl Oz Btl
Tide Pods Or Gain Flings!
18 To 31 Ct
22 To 29 Oz Pkg

\$9.99

Carr's Crackers

Selected Varieties
4.25 To 7 Oz Box

\$3.99

Town House Crackers

Selected Varieties • 9.2 To 13.8 Oz
Or Club Crackers
4.25 To 7 Oz Or
Toasted Crackers
8 To 8.7 Oz Box

\$3.99

DAIRY BAR

Food Club Cream Cheese Spread

Selected Varieties
8 Oz Pkg

2/\$4

Yoplait Oui French Style Yogurt

Or ratio Protein Or Keto
Dairy Snack • Selected
Varieties • 5 To 5.3 Oz Cntr

2/\$3

Hood Milk

Selected Varieties
64 Fl Oz Cntr

2/\$5

Califia Farms Cold Brew

Selected Varieties Or
Matcha Almond Latte
48 Fl Oz Btl

\$5.99

Marie Callender's Bowls

Selected Varieties • 10.5 To
13 Oz Or Pot Pie • Chicken Or
Turkey • 10 Oz Or Shepherds
Beef Pie • 11.5 Oz Pkg

2/\$6

Talenti Gelato Or Sorbetto

Selected Varieties
16 Fl Oz Cntr

\$4.99

Crav'n Fries Or Tater Tots

Selected Varieties
20 To 32 Oz Bag

2/\$7

Friendly's Ice Cream Novelties

Selected Varieties
16.5 To 36 Fl Oz Box

\$4.99

FROZEN

FRESH PRODUCE

Local & Fresh



Russet Potatoes
5 Lb Bag
High In Fiber
Low In Calories

2/\$6



Sweet Onions
High In Fiber
U.S. Fancy

\$1²⁹
lb.



Whole Or Sliced Baby Bella Mushrooms
High In Potassium
8 Oz Pkg

2/\$5



Cut & Peeled Butternut Squash

Simple Beginnings
Time Saver
20 Oz Pkg

\$2⁹⁹
ea.



Green Giant Baby Peeled Carrots
16 Oz Pkg

\$1⁵⁹
ea.



Solid Green Cabbage

High In Fiber
& Folic Acid

69¢
lb.



Acorn, Butternut Or Spaghetti Squash
Fall Favorites

99¢
lb.



Bartlett • Anjou Bosc Or Red Pears
Ripe & Ready To Be Eaten

\$1⁷⁹
lb.



Macoun • McIntosh • Gala Empire Or Cortland Apples

Locally Grown • US #1
Sold In A Tote Bag

\$1²⁹
lb.



Extra Large Cantaloupes
Sweet
High In Fiber

\$3⁹⁹
ea.



Cotton Candy Grapes
Sweet Flavor
\$5⁹⁹
lb.

FRESH FLORAL



Half Dozen Roses

Assorted Colors Of
Ecuadorian Bunches Available

\$5⁹⁹
ea.



Local 5 Stem Sunflowers

Brighten A Room!
Bright & Colorful

\$4⁹⁹
ea.

BAKERY SHOPPE

Not All Bakery Items Available In Thomaston

Fresh Baked Apple Caramel Loaf

16 Oz Pkg

\$5⁹⁹
ea.



Fresh Baked 8 Inch Blueberry Pie

24 Oz Pkg

\$6⁹⁹
ea.



Fresh Baked Club Or Knot Rolls 6 Pack

\$2⁹⁹
ea.



Fresh Baked Parisian Bread

9.52 Oz Or French Baguette • 10.5 Oz Pkg

Large Parisian • 17.98 Oz Or
Sourdough Multigrain Baguette
11.5 Oz Pkg... \$2.99 ea.

\$1⁴⁹
ea.



Thomas' English Muffins

Selected Varieties • 6 Ct Or
King Size 4 Ct • 12 To 13 Oz Pkg

\$3⁹⁹



Dave's Killer Thin Sliced Organic Bread

Selected Varieties
20.5 Oz Pkg

\$4⁹⁹



Entenmann's Little Bites

Selected Varieties • Excludes
Cookies • 8.25 To 9 Oz Pkg

\$3⁹⁹

IGA English Muffins

6 CT • Plain
12 Oz Pkg

\$1⁶⁹

BEER

Corona 12 Pack

Selected Varieties
12 Fl Oz Btl Or Cans
144 Fl Oz Pkg

\$16⁹⁹



White Claw Hard Seltzer 12 Pack

Selected Varieties
12 Fl Oz Cans
144 Fl Oz Pkg

\$16⁹⁹



Plus Deposit On Beverages Where Required

Proudly supports The Hometown Foundation, Inc. We are now available on instacart

Order online for curbside pickup or delivery with our "ADAMS HOMETOWN FRESH" ordering service and website: [ADAMSHOMETOWNMARKETS.COM/ORDER ONLINE/ADAMS HOMETOWN FRESH](https://adamshometownmarkets.com/order-online/adams-hometown-fresh)

TERRYVILLE

311 Main Street
(860) 583-9177

THOMASTON

92 Main Street
(860) 283-5645

CANTERBURY

4 No. Canterbury Rd
Rte. 169
(860) 546-9436

LISBON

99 River Road
(860) 376-4424

WEST WARWICK

25 Providence Street
(401) 828-2999

MILFORD

1391 New Haven Ave
(203) 878-7363

EAST LYME

15 Chesterfield Rd
(860) 739-2434

PORTLAND

316 Marlborough St Rte. 66
(860) 342-0672

WATERTOWN

1167 Main St
(860) 274-0372