



Top Round Roast Or London Broil

Certified Angus Beef
Boneless



\$5.99
lb.



Fresh Bone-In Center Cut Pork Chops

Family Pack

\$1.99
lb.



Crisp
FALL
Savings

Springer Mountain Farms Split Chicken Breast

No Hormones • No Antibiotics
Fresh • Bone-In



\$2.99
lb.



San Remo Pasta

Selected Varieties
14 To 16 Oz Or
Oven Ready Lasagna
8.8 Oz Box

Imported
From Italy!



4/\$5

Pepsi 2 Liter

Selected Varieties
67.6 Fl Oz Btl



2/\$4

Poland Spring Spring Water

24 Pack
16.9 Fl Oz Btls
405.6 Fl Oz Pkg



2/\$9

Coca-Cola 24 Pack

Selected Varieties
12 Fl Oz Cans
288 Fl Oz Pkg



\$11.99

Progresso Vegetable Classics Soup

Or Protein
Selected Varieties
18 To 19 Oz Can



2/\$5

Campbell's Chunky Soup

Selected Varieties
18.6 To 19 Oz Can



2/\$5

Tostitos Tortilla Chips

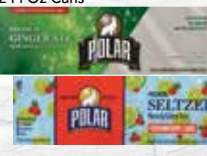
Selected Varieties
9 To 13 Oz Pkg
Or Salsa
15.5 Oz Cntr



\$3.99

Polar Seltzer Or Soda 12 Pack

Selected Varieties • 12 Fl Oz Cans
144 Fl Oz Pkg
Excluding Limited
Edition Winter
Variety Seltzer



\$4.99

McIntosh • Gala • Empire Or Cortland Apples

Locally Grown • US #1
Sold In A Tote Bag



99¢
lb.

Fresh Express Crunchy Blends Salad Greens

Selected Varieties
6 To 11 Oz Pkg



2/\$5

Russet Or White Potatoes 5 Lb Bag

High In Fiber
Low In Calories



\$2.99
ea.

Chobani Greek Yogurt

Zero Sugar • Creations • Less
Sugar Or Flip • Selected
Varieties 4.5 To 5.3 Oz Or 20G
Protein Yogurt • 6.7 Oz Cntr



4/\$5

McCain Potatoes Or Onion Rings

Selected Varieties
14 To 32 Oz Bag



2/\$6

Smithfield Smoked Virginia Brand Ham

Deli Sliced



\$5.99
lb.

Store Decorated Cupcakes

6 Pack
Gold • Chocolate
Or Red Velvet



\$4.99
ea.

Land O Lakes Butter Sticks

Selected Varieties
16 Oz Pkg Or Butter
Balls • Salted
8 Oz Pkg



\$3.99

Turkey Hill Ice Cream

Selected Varieties Or
Fruit Rainbow Sherbet
Excluding Simply Natural
46 Fl Oz Crtn



\$3.99

Great Lakes American Cheese

White Or Yellow
Deli Sliced



\$4.99
lb.

Fresh Baked Kaiser Rolls

8 Pack
Medium



\$1.99
ea.

PREMIUM BUTCHER

Finest Selection



premium Quality
NATURAL PRODUCT

Porterhouse Or T-Bone Steak
Fresh • Bone-In
Certified Angus Beef

\$14.99
lb.



Fresh 85% Lean Ground Beef
Family Pack

\$5.99
lb.



\$1.99
lb.

Turkey Breast
Grade A • Frozen



Premio Italian Sausage Patties Or Links
Hot Or Sweet
16 Oz Pkg

\$4.99
ea.



Springer Mountain Farms Fresh Chicken Thighs Or Drumsticks
Fresh • Bone-In
No Hormones
No Antibiotics

\$1.99
lb.



Plainville Farms 94% Lean Ground Turkey
Antibiotic Free
16 Oz Pkg

\$5.99
ea.



Dietz & Watson Originals Pre-Sliced Deli Ham
Antibiotic Free • Black Forest Or Honey & Maple Ham • Chicken Breast • Original Or Applewood Turkey Breast • Swiss Or White Cheddar • 7 Oz
American Cheese • 7 Oz Pkg... \$3.99 ea.

\$4.99
ea.



Our Best Meatballs
Selected Varieties
21 To 26 Oz Pkg

\$9.99
ea.



Bob Evans Side Dishes
Selected Varieties
12 To 24 Oz Pkg

2/\$9



Hatfield Sliced Bacon
Selected Varieties
16 Oz Pkg

\$7.99
ea.



Jones Golden Brown Sausage
Selected Varieties
5 To 7 Oz Box
2/\$9

Smithfield Anytime Boneless Ham Steaks
Selected Varieties Or
Cubed Or Diced Ham
8 Oz Pkg

2/\$8



SEAFOOD

Fresh Verlasso Salmon Fillets
Farm Raised

\$9.99
lb.



Wild Caught Tuna Steaks
Previously Frozen

\$8.99
lb.



Wild Caught Swordfish Steaks
Previously Frozen

\$8.99
lb.



Scott & Jon's Shrimp Bowl Entrees
Selected Varieties
9.6 Oz Box • Frozen

2/\$9



DELICATESSEN

Dietz & Watson Gourmet Lite Turkey Breast
Deli Sliced
Gourmet Lite Ham... \$9.99 lb.

\$11.99
lb.



Russer Wunderbar Bologna
Sandwich Favorite
Sliced Fresh
In Our Deli

\$3.99
lb.



Lorraine Swiss Cheese
Delicious Flavor
Sliced Fresh
In Our Deli

\$9.99
lb.



Milano's Imported Parmesan Grated Cheese
Or Pecorino Romano

\$6.99
lb.



OUR KITCHEN

Store Made Chicken Salad
Deli Fresh

\$7.99
lb.



Store Made Meals
Assorted Varieties
14 Oz Cntr
Fully Cooked
Heat & Eat

When You Buy 3 3/\$25



Blount's Family Kitchen Chicken Pot Pie
Fully Cooked
12 Oz Box

\$6.99
ea.



Giovanni Rana Ravioli
Selected Varieties Or
Tortelloni • 8 To 10 Oz
Or Pesto • Alfredo
Or Marinara Sauce
7 To 15 Oz Cntr

\$5.99
ea.



Ithaca Hummus
Selected Varieties
10 Oz Cntr

\$4.99
ea.



Pillsbury Best
All Purpose Flour
Or Unbleached
5 Lb Bag



2/\$7



2/\$6

Post Pebbles Cereal
Or Honey Bunches Of Oats • Selected
Varieties • Golden Crisp • Honeycomb
Honey Maid S'mores Or Oreo Puffs
10 To 14.75 Oz Box



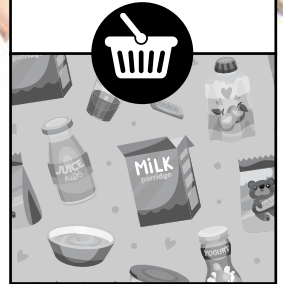
Adams
HOMETOWN MARKET IGA

Green Mountain Coffee
Or Iced Coffee K-Cups
Newman's Own • Donut
Shop • McCafe • Swiss Miss
Hot Cocoa Or Cinnabon
Classic • Selected Varieties
10 Ct • 3.1 To 6.8 Oz Box



\$6.99

**KITCHEN
PANTRY**
Everyday Basics



Bertolli
Pasta Sauce
Or Alfredo Sauce
Selected Varieties
15 To 24 Oz Jar



2/\$6

Red Pack
Tomatoes
Selected Varieties
28 To 29 Oz Can



2/\$4

IGA Chicken
Broth
Vegetable • Beef
Or Reduced
Sodium Chicken
32 Fl Oz Crtn



2/\$4

Old El Paso
Taco Shells
Selected Varieties
4.6 To 7.4 Oz Box



2/\$5

General Mills
Cheerios Cereal
Selected Varieties
11.2 To 18.2 Oz Box



\$4.99

Filippo Berio
Olive Oil
Original • Extra Light
Extra Virgin
Robust Or Delicato
25.3 Fl Oz Btl



\$9.99

Carbone
Alfredo Or Pasta
Sauce
Selected Varieties
15 To 24 Oz Jar



\$8.99

Kraft
Mac & Cheese
Selected Varieties
5.5 To 7.3 Oz Box



2/\$4

Old El Paso
Taco
Dinner Kits
Selected Varieties
8.8 To 12.5 Oz Box Or
Carb Advantage Taco
Shells • 4.6 Oz Box



2/\$7

Mott's
Apple Juice
Or Mott's For Tots
Selected Varieties
64 Fl Oz Btl



\$3.99

Coca-Cola
2 Liter
Selected Varieties
67.6 Fl Oz Btl



2/\$4

Gatorade
Thirst
Quencher
Selected Varieties
28 Fl Oz Btl



3/\$5

7Up • A&W Or
Sunkist
2 Liter
Selected Varieties
67.6 Fl Oz Btl



\$1.88

Smartfood
Popcorn
Selected Varieties
5 To 7.75 Oz Pkg



\$3.99

Nabisco
Single Serve
10 Packs
Selected Varieties
10 To 19.5 Oz Box



\$5.99

Coca-Cola
6 Pack
Selected Varieties
16.9 Fl Oz Btls
101.4 Fl Oz Pkg



2/\$11

Pepsi
24 Pack
Selected Varieties
12 Fl Oz Cans
288 Fl Oz Pkg



\$13.99

Bachman
Pretzels
Selected Varieties
9 To 16 Oz Pkg Or Jax
Cheese Curls • 8.5 Oz
Or Bachman Popcorn
Regular • 8 Oz Pkg



2/\$6

Wise
Snacks
Selected Varieties
5 To 9.25 Oz Pkg



\$3.99

Nabisco
Grahams
Selected Varieties
12.2 To
14.4 Oz Box



\$4.49

Sparkle 4 Double Rolls
Paper Towels
White • Pick-A-Size
440 Ct Pkg



\$5.99

Angel Soft 8 Mega Rolls
Bath Tissue
Fresh Lavender
Fresh Linen Or
Unscented
2560 Ct Pkg



\$5.99

Scott
6 Double Rolls
Paper Towels
Choose-A-Sheet
648 Ct Pkg



\$6.99

Crav'n
Fudge Cookies
Selected Varieties
8.5 To 12.5 Oz • Animal
Cookies Or Vanilla Wafers
11 To 13 Oz Pkg



2/\$5

Cheez-It Baked
Snack Crackers
Snap'd Or Puff'd
Selected Varieties
5.75 To 12.4 Oz Box



2/\$7

DAIRY BAR

Crystal Farms
Shredded Or
Bar Cheese
Selected Varieties
5.5 To 8 Oz Pkg



2/\$6

Tropicana
Pure Premium
Orange Juice
Selected Varieties Or Ruby
Red Grapefruit • 46 Fl Oz Btl



2/\$9

Noosa Lil' Tub
Yoghurt
Selected Varieties
4.5 Oz Cntr



5 For \$5

Hood
Cottage Cheese
Selected Varieties
24 Oz Cntr



\$4.99

Birds Eye Vegetables
Riced Cauliflower • Steamfresh Mixes
Chef Favorites • Power Blend
Stir Fry • Farm Fresh Or
Quick Roasters • Selected
Varieties • 6 To 16 Oz Pkg



2/\$5

Stouffer's
Entrées
Selected Varieties
8.375 To 12.87 Oz Box



\$3.99

Eggo
Waffles
Pancakes Or French Toast
Sticks • Selected Varieties
8.4 To 14.8 Oz Box



2/\$6

Häagen-Dazs
Ice Cream
Or Sorbet • Selected Varieties
14 Fl Oz Cntr Or Bars
9 Fl Oz Box



\$4.99

FROZEN

FRESH PRODUCE

Local & Fresh



Quality

Yellow Onions

2 Lb Bag

All Purpose
High In Fiber

\$1²⁹
ea.

Acorn • Butternut
Spaghetti Or
Buttercup Squash
Fall Favorites

99¢
lb.



\$1⁹⁹
lb.

Extra Large Hot House
Tomatoes
Summertime Flavor
Fresh And Delicious

All Natural Whole Or Sliced White Mushrooms

High In Potassium
8 Oz Pkg

2/\$5



Simple Beginnings Butternut Squash

Diced
20 Oz Pkg

\$2⁹⁹
ea.



Jumbo Red Onions

Great In Salads
High In Fiber

99¢
lb.



Solid Green Cabbage

High In Fiber
& Folic Acid

69¢
lb.



Bartlett • Anjou Bosc Or Red Pears

Ripe & Ready
To Be Eaten

\$1⁹⁹
lb.



Ripe Avocados

Make Your Own Guacamole
High In Fiber

4/\$5



Honeycrisp Apples

Extraordinary Flavor
US Fancy

\$2⁴⁹
lb.



Cotton Candy
Grapes
Sweet Flavor

\$5⁹⁹
lb.

FRESH FLORAL



5-Stem Local
Sunflowers
Brighten A Room!
Bright & Colorful

\$4⁹⁹
ea.



Farm Fresh
Fall Bouquet
Multi Stemmed Bouquets

\$4⁹⁹
ea.

BAKERY SHOPPE

Not All Bakery Items Available In Thomaston

Fresh Baked Pumpkin Pie

Seasonal Favorite
8 Inch • 22 Oz Pkg

\$7⁹⁹
ea.



David's Decadent Cookies 2 Pack

Selected Varieties
David's Cake Slices
Selected Varieties
7-To 9 Oz Pkg ... \$4.99 ea.

\$3⁴⁹
ea.



Store Decorated Cake Square

Marble • Yellow
Or Chocolate
3 Oz Pkg

\$2⁹⁹
ea.



Chabaso Tuscan Loaf

Oat & Poppy Or Olive Loaf
16 To 24 Oz Loaf

\$4⁹⁹
ea.



Freihofer's Or Maier's Italian Bread

Or D'Italiano
Selected Varieties
16 To 20 Oz Pkg

BUY ONE
GET ONE
FREE



Martin's Potato Bread

Original • 18 Oz Or
Butter Bread • 18 Oz Pkg

2/\$6



The Rustik Oven Bread

Selected Varieties
16 Oz Pkg

\$3⁹⁹

Entenmann's Soft's Donuts

Plain • Variety Or Assorted With
Frosted • 12 Ct • 18 To 21 Oz Box

\$5⁹⁹

BEER

Samuel Adams Or Harpoon 12 Pack

Selected Varieties
12 Fl Oz Cans
144 Fl Oz Pkg

\$16⁹⁹



New Belgium Voodoo Ranger Or Fat Tire 12 Pack

Selected Varieties
12 Fl Oz Cans
144 Fl Oz Pkg

\$16⁹⁹



Plus Deposit On Beverages Where Required

Proudly supports The Hometown Foundation, Inc. We are now available on instacart

Order online for curbside pickup or delivery with our "ADAMS HOMETOWN FRESH" ordering service and website: [ADAMSHOMETOWNMARKETS.COM/ORDER ONLINE/ADAMS HOMETOWN FRESH](https://adamshometownmarkets.com/order-online/adams-hometown-fresh)

TERRYVILLE
311 Main Street
(860) 583-9177

THOMASTON
92 Main Street
(860) 283-5645

CANTERBURY
4 No. Canterbury Rd
Rte. 169
(860) 546-9436

LISBON
99 River Road
(860) 376-4424

WEST WARWICK
25 Providence Street
(401) 828-2999

MILFORD
1391 New Haven Ave
(203) 878-7363

EAST LYME
15 Chesterfield Rd
(860) 739-2434

PORTLAND
316 Marlborough St
Rte. 66
(860) 342-0672